

## Welcome to the Geriatric Assessment Program at the Keck Medical Center of USC

**The Geriatric Assessment Program aims to boost the quality of life for older adults and their families.**

### **What is the Geriatric Assessment Program (GAP)?**

- An expert team of health care providers working together to develop a comprehensive understanding of your health.
- We work with older adults with complex medical needs, functional changes, cognitive concerns, or other aging-related issues, while also incorporating their families and caregivers into their care plan.
- After our evaluation, we provide a tailored, coordinated, practical health plan and provide appropriate referrals.
- Ultimately, we support YOU, your family, and your doctor(s).

### **Who are the GAP team members, and what do they do?**

- Our team is comprised of a variety of healthcare specialists:
  - The **geriatrician** is a physician who concentrates on age-related and persistent medical issues.
  - The **occupational therapist** focuses on lifestyle and adaptive behavior to enhance the patient's ability to function.
  - The **pharmacist** is a resource the patient in better understanding their prescriptions, especially if they are taking multiple medications.
  - The **physical therapist** advises on balance, mobility, and makes exercise recommendations.
  - The **psychologist** assesses how your memory, mood, and habits affect quality of life.
  - The **dentist** evaluates oral health and care for improved living.
  - The **social worker** focuses on your lifestyle and schedule to coordinate the GAP process from start to finish.

**Combining the expertise of each team member, *the sum is greater than the parts!***

### **What will happen?**

- Before you visit us at the clinic, our social worker and/or occupational therapist will visit your home for the first introduction.
- On the day of the clinic visit, you will meet with the geriatrician, psychologist, pharmacist, physical therapist, occupational therapist, and dentist, depending on your needs.
- The clinic visit can take up to three hours.
- We encourage you to invite your caregivers, as at your visit we will speak with them too.
- We will work with you and your family to create a complete and practical plan tailored to your individual health needs.
- One to two weeks later, we will meet with you and your family again in the clinic to discuss our findings and recommendations to enhance your quality of life.
- We will share our findings and recommendations with your doctors.

## What should I bring with me to the clinic?

- The GAP pre-visit questionnaires, filled out as much as possible before the appointment (get help from a family member if needed)
- Your health insurance cards
- A sweater or jacket (the clinic is well air-conditioned)
- Water and a snack
- Any devices or tools you may need to demonstrate your walking, reading, and writing such as eyeglasses, hearing aids, cane, walker, etc.
- Please bring a bag or box with ALL your usual medications in their **original bottles/packages** (prescription, herbal, and over-the-counter), not just the list.

## Where is the clinic, and where do we park?

- The clinic is housed within the Family Medicine Suite at Keck Medicine of USC

**USC Health Care Center 2  
1520 San Pablo Street  
Los Angeles, CA 90033**

- Underground parking is available at the Health Care Center 2. The garage entrance is on San Pablo Street. Parking costs \$8 and there are individuals in the garage that can assist with parking.
- Take the elevators to the 1<sup>st</sup> Floor. After exiting the elevator and walking to the right, you will make another right to walk past the restrooms and through a set of glass doors. You have entered the Family Medicine Suite and can check in with the Family Medicine Clinic front desk, which will be located on your left side, when you enter.

Should you have any questions before your appointment or at any other time, please contact us at **(626) 457-4265**.

Thank you for your interest in the Geriatric Assessment Program at the Keck Medical Center of USC. We look forward to working together to make your life the very best it can be!

Sincerely,

The Team Members of the Geriatric Assessment Program

My Appointment Date/Time: \_\_\_\_\_

## Directions to Health Sciences Campus

### 10 (Santa Monica Freeway) East

Exit at Soto Street and turn left.  
 Turn left on Alcazar Street.  
 Turn left on San Pablo Street.

### 10 (Santa Monica Freeway) West

Exit at Soto Street and turn right.  
 Turn left on Alcazar Street.  
 Turn left on San Pablo Street.

### 5 (Golden State/Santa Ana Freeway) South

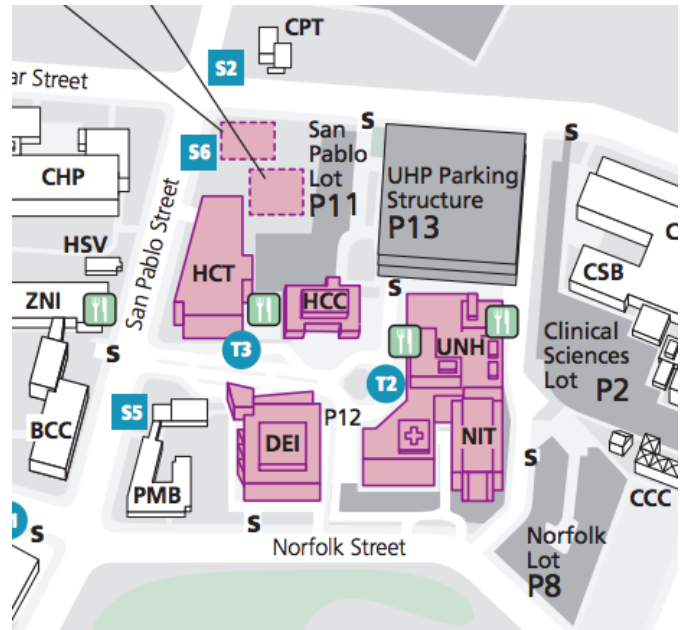
Exit at Mission Road and turn left.  
 Turn right on Zonal Avenue.  
 Turn left on Biggy Street for central campus and USC/Norris, or turn left on San Pablo Street for Eamer Medical Plaza.

### 5 (Golden State/Santa Ana Freeway) North

Transition to the 10 (Santa Monica Freeway) east. Exit at Soto Street and turn left.  
 Turn left on Alcazar Street.  
 Turn left on San Pablo Street.

### 101 (Ventura Freeway) South

Transition to the 10 (Santa Monica Freeway) east. Exit at State Street /Soto Street.  
 Proceed across State Street onto the onramp, and bear right to exit at Soto Street.  
 Turn left on Alcazar Street. Turn left on San Pablo Street.



### 710 (Long Beach Freeway) North or South

Transition to the 10 (Santa Monica Freeway) west.  
 Exit at Soto Street and turn right.  
 Turn left on Alcazar Street.  
 Turn left on San Pablo Street.

### Huntington Drive (Pasadena, West San Gabriel Valley)

Follow Huntington Drive west until it divides into Mission Road and Soto Street.  
 Bear left onto Soto Street and proceed to Alcazar Street. Turn right. Turn left on San Pablo Street.