Name:

Professional Program:

Date:

**IPGC Reflection Questions**

*The purpose of reflection is to facilitate incorporation of new learning into future performance. With that in mind, please answer the following questions after each large group session. Submit this form within 1 week of the session to your respective profession’s faculty lead.*

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| What are the four things you have learned about the 4M’s from your older adult partner since the last session? | What four things did you learn from your teammates / faculty that will inform your relationship with your older adult moving forward? |
| a. Matters most | a. |
| b. Medication | b. |
| c. Mentation | c. |
| d. Mobility | d. |

1. How will you integrate what you learned from your older adult and/or team members in your future delivery of age-friendly care? For your final reflection before the wrap up, specifically discuss how you will integrate the 4 M’s in your future care delivery.

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