

Please indicate for each of the statements, the extent to which they apply to your situation, the way you feel now. Please circle the appropriate answer.

[1] De Jong-Gierveld J, Van Tilburg T. Manual of the Loneliness Scale 1999:1â€“26.

1. There is always someone I can talk to about my day-to-day problems. (R)

yes! (1)      yes (2)      more or less (3)      no (4)      no! (5)

2. I miss having a really close friend.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

3. I experience a general sense of emptiness.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

4. There are plenty of people I can rely on when I have problems. (R)

yes! (1)      yes (2)      more or less (3)      no (4)      no! (5)

5. I miss the pleasure of the company of others.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

6. I find my circle of friends and acquaintances too limited.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

7. There are many people I can trust completely. (R)

yes! (1)      yes (2)      more or less (3)      no (4)      no! (5)

8. There are enough people I feel close to. (R)

yes! (1)      yes (2)      more or less (3)      no (4)      no! (5)

9. I miss having people around.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

10. I often feel rejected.

yes! (5)      yes (4)      more or less (3)      no (2)      no! (1)

11. I can call on my friends whenever I need them. (R)

yes! (1)      yes (2)      more or less (3)      no (4)      no! (5)