

## Student Senior Partnership Program (SSPP)

### Home Visit #3 FACULTY GUIDE: MEMORY AND COGNITION

#### 30 minute Pre-visit phone meeting guide:

- Review Home Visit #3 Curriculum
- Review the following with the student team:
  - Interview your senior partner to see if they have concerns about their memory?
  - Explore what your senior partner does to improve their memory and/or stays cognitively engaged.
  - Discuss how memory and cognition is important in their every day life?
  - Explore your seniors sleep habits.
- Discuss memory (common concerns, normal vs. need for further assessment) and tips for older adults
- Discuss who will do what at home visit
- Remind students to take pictures for creative project to be presented at wrap-up symposium
- Set up de-brief phone meeting

#### 30 minute Post-visit phone meeting guide:

- Review Student Reflection questions with the students team:
  - 1) Did your senior express any concerns about their memory?
  - 2) How does your senior stay cognitively engaged?
  - 3) What 3 things did you learn and from who?
  - 4) What happened today that surprised you?
  - 5) How will what you learned today change the way you will care for an older adult?
- Discuss how worked together as a team
- Help facilitate working together to complete creative project