

Student Senior Partnership Program (SSPP)

Home Visit #1 Curriculum: Physical Health

Session Goal and Objectives:

- Understand the importance of a bio-psycho-social history
- Develop skill in interviewing seniors to obtain a bio-psycho-social history
- Understanding how chronic disease impacts daily life.
- Increase knowledge of healthcare provider and older adult relationship
- Develop skills in working collaboratively in an intraprofessional team

Pre-Visit

Before your phone call with your faculty advisor please review this Home Visit 1 curriculum, watch these short videos and be prepared to discuss.

TC Bank- Dream Rangers: <https://youtu.be/vksdBSVAM6g>

Polypharmacy: <https://www.youtube.com/watch?v=Lp3pFjKoZl8>

Caregivers Who Assist Older Adults With Health Care Activities

<https://www.youtube.com/watch?v=OUYdGporxrE>

<https://www.youtube.com/watch?v=tPpdnjBQ3gU>

Choosing Wisely: <https://www.youtube.com/watch?v=FqQ-JuRDkl8>

Wire tap: how to age gracefully:

https://www.youtube.com/watch?v=sycgL3Qg_Ak

Home Visit

- Interview your senior partner to obtain his/her past medical history, social history and family history.
- Ask your senior to describe how their medical issues impact their daily life.

- Ask your senior to discuss whether and how health issues impact their activities of daily living.
- Explore if they ever feel sad or burdened by their medical conditions.
- Discuss what coping strategies they use and how effective they are
- Explore how they feel about taking medications. Do they feel they take too many, are they effective?

Post-visit

Answer the following questions on the Reflection Tool and be prepared to discuss at your debrief session with your student team and faculty leader:

- 1) What do you believe are your senior's primary medical concerns?
- 2) Identify one adaptation your senior has made relative to their health issues.
- 3) What 3 things did you learn and from whom?
- 4) What happened today that surprised you?
- 5) How will what you learned today change the way you will care for an older adult?

Additional Resources:

The virtual home visit course produced by Cornell University (It takes about 45-60 minutes to complete and should help give context to your home visit):

http://www.environmentalgeriatrics.com/multimedia_course/index.html.

The University of California, San Francisco has launched its You Tube channel on interprofessional education and collaborative practice.

https://www.youtube.com/channel/UCjsbTqos6SDEpL9Oi_28xZQ

Medicare and MediCal – GWEP Brown Bag April 28, 2016

<https://ondemand.usc.edu/SSW/Play/b499b8e5d1b0474eb651ed488d6ccbed1d>

4. What happened today that surprised you and you didn't expect?

5. How will what you learned today change the way you think about caring for an older adult?